

Current School Records (updated 1/13/2023)

| School | Sport | Event | Current Record Holder | Record | Date Record Set |
|--------|--|---|----------------------------------|--------|-----------------|
| West | Field Hockey - Girls - <i>Individual</i> | Most Assists in a Game | Courtney Altman | 2 | 2009 |
| West | Field Hockey - Girls - <i>Individual</i> | Most Assists in a Season | | | |
| West | Field Hockey - Girls - <i>Individual</i> | Most Assists in a Career | | | |
| West | Field Hockey - Girls - <i>Individual</i> | Most Goals in a Game | | | |
| West | Field Hockey - Girls - <i>Individual</i> | Most Goals in a Season | | | |
| West | Field Hockey - Girls - <i>Individual</i> | Most Goals in a Career | | | |
| West | Field Hockey - Girls - <i>Individual</i> | Most Saves in One Game | Janet Joy | 40 | 10/21/2004 |
| West | Field Hockey - Girls - <i>Individual</i> | Most Saves in a season | Morgan Hooley | 179 | 2012 season |
| West | Field Hockey - Girls - <i>Individual</i> | Most Saves in a Career | | | |
| West | Field Hockey - Girls - <i>Individual</i> | Best Save Percentage in a Season (Goalie) | Morgan Hooley | 86.90% | 2012 |
| West | Field Hockey - Girls - <i>Individual</i> | Most Shutouts in a Season | Nicole Strawder / Amanda Vazquez | 3 | 2009 / 2008 |
| West | Field Hockey - Girls - <i>Individual</i> | Most Shutouts in a Career | | | |
| West | Field Hockey - Girls - TEAM | Most Goals Scored in a Game | 2007 Team (vs. Eden 2007 - 5-0) | 5 | 2007 |
| West | Field Hockey - Girls - TEAM | Most Goals Scored in a Season | | | |
| West | Field Hockey - Girls - TEAM | Largest Margin of Victory | 2007 Team (vs. Eden 2007 - 5-0) | 5 | 2007 |
| West | Field Hockey - Girls - TEAM | Most Victories in a Season | 1988 Team | 10 | 1988 |
| West | Field Hockey - Girls - TEAM | Most Shutouts in a Season | 2008 Team / 2009 Team | 3 | 2008 / 2009 |