

Current School Records (updated 1/13/2023)

| School | Sport                 | Event                                       | Current Record Holder       | Record   | Date Record Set |
|--------|-----------------------|---|-----------------------------|----------|-----------------|
| East   | Cross Country - Boys  | Course Record - 2.8 Miles                   | Adam Lindell                | 14:26.2  | 10/3/1996       |
| East   | Cross Country - Boys  | Course Record - 5K                          | Joshua Glaub (Alden Course) | 15:58.57 | 10/28/2017      |
| East   | Cross Country - Boys  | Course Record - 3.1 miles (Optimist Invite) | Adam Lindell                | 15:51.6  | 9/30/1996       |
| East   | Cross Country - Boys  | Course Record - 3.1 miles                   | Ray Sambrotto - East        | 16:03    | 9/27/2016       |
| East   | Cross Country - Girls | Course Record - 2.8 Miles                   | Amanda Solly - East         | 17:19    | 10/4/2005       |
| East   | Cross Country - Girls | Course Record - 2.8 Miles                   | Laura Smaczniak - Frontier  | 17:10    | 1991            |
| East   | Cross Country - Girls | Course Record - 3.1 Miles                   | Rebecca Schmitt             | 19:01    | 10/16/2012      |