

# Mental Health Resource Guide

*The following list is provided as a convenience for our parents.*

*However, West Seneca Central School District does not endorse these providers. Parents should be aware that other mental health professionals in our community who are not on the list may be equally qualified to provide assistance.*

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## Child Psychiatrists

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### **Behavioral Health Associates**

Dr. Ronald Cooke  
2360 Sweet Home Road, Suite 4  
Amherst, NY 14228  
**Phone:** (716) 748-7474  
**Web:** [www.bhaofwny.com](http://www.bhaofwny.com)

### **Transit Psychiatry**

Forestream Plaza, 4721 Transit Rd.,  
Depew, NY 14043  
**Phone:** (716) 706-5921  
<http://www.transitpsychiatry.com/>

### **Dr. Capote (Dent Neurologic)**

3980 Sheridan Drive  
Amherst, NY 14226  
(Evaluates all ages)  
**Phone:** (716) 250-2000  
**Web:** [www.dentinstitute.com](http://www.dentinstitute.com)

### **Dr. Brian Joseph**

5820 Main Street  
Williamsville, NY 14221  
**Phone:** (716) 633-5997

### **Dr. Aziza Karimi**

531 Farber Lakes Drive, Suite 104  
Buffalo, NY 14221  
**Phone:** (716) 632-1595

### **New Directions Youth & Family Services- Children's Clinic**

356 Main Street ER  
Randolph, NY 14772  
*\*see web for other locations\**  
**Phone:** (716) 358-3636  
**Web:** <https://fosteringgood.org/services/childrens-clinic-of-wny/>

### **Niagara Frontier Psychiatric Associates**

4985 Harlem Road  
Buffalo, NY 14226  
**Phone:** (716) 839-0500

### **Oishei Children's Hospital Child Psychiatry Clinic**

Buffalo General Medical Center  
1028 Main Street  
Buffalo, NY 14202  
**Phone:** (716) 859-5460  
**Intake Phone:** (716) 859-5454

### **Web:**

[www.ochbuffalo.org/care-treatment](http://www.ochbuffalo.org/care-treatment)

### **Suburban Psychiatric Associates**

85 Bryant Woods South  
Amherst, NY 14228  
**Phone:** (716) 689-3333  
**Web:** [www.suburbanpsych.org](http://www.suburbanpsych.org)

### **Williamsville Psychiatry, PLLC**

5904 Sheridan Drive  
Williamsville, NY 14221  
(Treats ages 5 and up)  
**Phone:** (716) 886-5493  
**Web:** [www.williamsvillepsych.com](http://www.williamsvillepsych.com)

### **UBMD Psychiatry, University Psychiatric Practice, Inc.**

1001 Main Street  
4th Floor  
Buffalo, New York 14203  
**Phone:** 716-835-1246  
**Website**

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## Counseling Agencies

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### **Amherst Clinical Associates**

5784 Main Street  
Williamsville, NY 14221  
**Phone:** (716) 633-6863

### **Behavioral Healthcare Network**

4476 Main Street, Suite 208  
Amherst, NY 14226  
**Phone:** (716) 633-9100  
**Email:**  
[support@behavioralhealthcarenetwork.org](mailto:support@behavioralhealthcarenetwork.org)  
**Web:** <http://www.bhnet.org>

### **Best Self Behavioral Health**

3176 Abbott Road Suite 500  
Orchard Park, NY 14127  
*\*see web for other locations\**  
**Phone:** (716) 842-0440  
**Web:** <https://www.bestselfwny.org>

### **Brightside Counseling Services**

Walden Commons  
2560 Walden Ave, Suite 101  
Cheektowaga, NY 14225  
**Phone:** (716) 783-0407  
**Web:** <http://www.brightsidecounselingservices.com>

### **Counselor's Corner**

6265 Sheridan Drive, Suite 122  
Williamsville NY, 14221  
**Phone:** (716) 204-5552  
**Web:** <http://www.counselorscorner.net>  
**Email:** [drlegge@counselorscorner.net](mailto:drlegge@counselorscorner.net)

### **Child & Family Services**

330 Delaware Avenue  
Buffalo, NY 14202  
**Phone:** (716) 842-2750  
**Web:** <https://cfsbny.org/>

### **Endeavor Health Services**

Cheektowaga location:  
1526 Walden Avenue Suite 400  
Cheektowaga, NY 14225  
*\*see web for other locations\**  
**Phone:** (716) 895-6700  
**Web:** <https://www.ehsny.org/>

### **Family Counseling Associates**

884 Brighton Road  
Tonawanda, NY 14150  
**Phone:** (716) 836-9460  
**Web:** [www.familycounselingwny.com](http://www.familycounselingwny.com)

### **Gateway Longview-Behavioral Health Clinic**

10 Symphony Circle  
Buffalo, NY 14201  
*\*see web for Northtown location\**  
**Phone:** (716) 783-3221  
**Web:** <https://www.gateway-longview.org/bhc>

### **Maple View Center, LLC**

100 Corporate Parkway, Suite 318  
Amherst, NY 14226  
**Phone:** (716) 783-8292  
**Web:**  
<http://www.mapleviewcenterllc.com/>  
**E-mail:**  
[info@mapleviewcenterllc.com](mailto:info@mapleviewcenterllc.com)

### **Shurmatz Counseling**

3435 Harlem Rd Suite 3,  
Cheektowaga, NY 14225  
**Web:** [shurmatzcounseling.com](http://shurmatzcounseling.com)

### **Spectrum Human Services**

1280 Main Street  
Buffalo, NY 14209  
**Phone:** (716) 884-5797  
**Web:** <http://www.shswny.com>

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## WNY Psychotherapy Services

315 Alberta Drive, Suite 211  
Amherst, NY 14226  
**Phone:** (716) 837-6705  
70 Linwood Ave  
Orchard Park, NY 14127  
**Phone:** (716) 675-9232

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## Domestic Violence

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### 24-Hour Hotlines

**New York State:** 1-800-942-6906  
**National:** 1-800-799-7233

### Crisis Services

**24-Hour Hotline:** (716)285-3515

### Family Justice Center: Services for Domestic Violence Victims

**Orchard Park Location**  
4383 South Buffalo Street  
*\*see website for other locations*  
**Phone:** (716)634-4309  
**Web:** <http://www.fjcsafe.org/>

### Haven House

330 Delaware Avenue  
Buffalo, NY 14202  
**Phone:** (716)884-6000  
**Web:**  
[www.cfsbny.org/programs/haven-house](http://www.cfsbny.org/programs/haven-house)

### Passage House Shelter

**Phone:** (716)285-6984  
**Hotline:** (716)299-0909  
**Web:**  
<https://pinnaclecs.org/our-services/domestic-violence-services/>

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## Eating Disorders

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### Narins Eating Disorder Center

**Tracy Welchoff, PhD**  
2430 North Forest Rd, Suite 130  
Amherst, New York 14068  
**Phone:** (716)688-5372  
**Web:** <https://www.narinsedc.com>

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## Emergency Psychiatric Care (Under age 17)

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### Erie County Medical Center

Comprehensive Psychiatric  
Emergency  
Program (CPEP)  
ECMC Main Building  
462 Grider Street  
Buffalo, NY 14215  
**Phone:** (716)834-3131

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## Faith Based Counseling

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### Jewish Family Services

70 Barker Street  
Buffalo, NY 14209  
**Phone:** (716) 883-1914

### OLV Human Services

790 Ridge Road (central office)  
Lackawanna, NY 14218  
**Phone:** (716) 828-9500

### Brightside Counseling Services

3719 Union Road  
Cheektowaga, NY 14225  
**Phone:** (716)783-0407  
**Web:**  
<http://www.brightsidecounselingservices.com/>

### Divorce Care For Kids (DC4K)

Faith based  
**Web:** [www.dc4k.org](http://www.dc4k.org)  
*Enter zip code to locate nearby groups*

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## Grief

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### Center for Hospice & Palliative Care

150 Bennett Road  
Cheektowaga, NY 14227  
**Phone:** (716)836-8077  
**Web:**  
[www.hospicebuffalo.com/services/grief-support](http://www.hospicebuffalo.com/services/grief-support)

Lynn DeSimone, LCSW-R

5784 Main St. Williamsville, NY  
14221  
**Phone:** 716-562-5147

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## LGBTQ-Crisis Hotlines

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### Trans Lifeline

*(national crisis hotline for the trans community- all operators are transgender)*  
**Phone:** (877) 565-8860

### The Trevor Project Lifeline

*(Crisis line for LGBTQ youth under 25)*  
**Phone:** 1-866-488-7286

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## Mental Health Urgent Care (Adult Only)

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### ECMC Mental Health Urgent Care

**ECMC Main Building 1st Floor**  
462 Grider Street  
Buffalo, NY 14215  
**Phone:** (716) 898-1594  
**Web:**  
<http://www.ecmc.edu/health-services-and-doctors/behavioral-health/outpatient-behavioral-health-services/help-center/>

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## Neuropsychologist

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### Ashlee Campbell

UB Center for Literacy and Reading  
Instruction  
UB North  
17 Baldy Hall  
Amherst, NY 14228  
**Phone:** (716)645-1058  
**Email:** [ashleeb@buffalo.edu](mailto:ashleeb@buffalo.edu)

### Jessica J. Englert, PhD

8616 Main Street, Suite 2  
Williamsville, NY  
**Phone:** (716) 634-0627  
**Web:**<http://www.buffalobehavioralpsychology.com/>

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## **Lisa Jackson, Ph.D.**

4955 N. Bailey Avenue.  
Amherst, NY 14226

**Phone:** (716)833-0292

**Web:** [www.lisajacksonphd.org](http://www.lisajacksonphd.org)

## **Warren Keller, Ph.D.**

8175 Sheridan Drive, Suite 200  
Williamsville, NY 14221

**Phone:** (716)634-2600

## **Joy B. Parrish, PhD ABPP-CN**

UBMD Neurology at Conventus  
1001 Main Street, 4<sup>th</sup> Floor  
Buffalo, NY 14203

**Phone:** (716)323-0556

**Web:**

[www.ubmd.com/find-doctor/profile.html?ubit=jparrish](http://www.ubmd.com/find-doctor/profile.html?ubit=jparrish)

**Email:** [jparrish@buffalo.edu](mailto:jparrish@buffalo.edu)

*\*view website to see all accepted insurances*

## **Michael Santa Maria**

DeGraff Memorial Hospital  
445 Tremont Street, Suite 331  
North Tonawanda, NY 14120

**Phone:** (716)690-2560

**Web:**

[www.buffaloneuropsychology.com](http://www.buffaloneuropsychology.com)

*\*view website to see all accepted insurances*

## **The Neurodevelopmental Center at WNY Psychotherapy Services**

315 Alberta Drive, Suite 211  
Amherst, NY 14226

**Phone:** (716) 837-6705

70 Linwood Ave  
Orchard Park, NY 14127

**Phone:** (716) 675-9232

\*ADHD & Autism

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## **Developmental Disabilities**

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## **The ARC of Erie County**

30 Wilson Rd.

Williamsville, NY 14221

(716) 272-3743

<https://www.arceriecounty.org/>

## **People, Inc.**

1219 North Forest Road  
Williamsville, NY 14221

(716) 817-7400

<http://people-inc.org>

## **Aspire of WNY**

4635 UNION ROAD,  
CHEEKTOWAGA, N.Y. 14225

(716) 505.5830

[info@aspirewny.org](mailto:info@aspirewny.org)

<https://www.aspirewny.org/>

## **Autism Services, Inc.**

40 Hazelwood Drive  
Amherst, NY 14228

**Phone:** 716-631-5777

<https://autism-services-inc.org/>

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## **OCD Treatment**

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## **Chris Roche**

5500 Main St.

Suite 202

Williamsville, NY 14221

(716) 407-7506

## **Carol Descutner, PhD**

8265 Sheridan Drive  
Buffalo, NY 14221

**Phone:** (716)634-6757

## **Paula Janicki, PhD**

5500 Main Street, Suite 308  
Williamsville, NY 14221

**Phone:** (716)634-1184

## **Williamsville Wellness Center**

21 Linwood Avenue  
Williamsville, NY 14221

**Phone:** (716)626-9016

**Web:**

<http://www.williamsvillewellness.org/>

## **Robert Zam, PhD**

46 Main Street  
Hamburg, NY 14075

**Phone:** (716)646-4991

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## **Psychologists**

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### **East Amherst Psychology Group**

9750 Transit Road

East Amherst, NY 14051

**Phone:** (716)636-1375

**Web:** <http://eapg9750.com/>

### **FMS Psychology**

6556 East Quaker

Orchard Park, NY 14217

**Phone:** (716) 539-9232

**Web:** <http://www.fmspsychology.com/>

### **Tom Mazur, PsyD**

The Center for the Psychosexual  
Health

737 Delaware Avenue, Suite 216A  
Buffalo, NY 14209

**Phone:** (716)322-6394

**Web:** <https://www.cphpsych.com/>

### **Philip Ricotta, PhD**

*\*Specializes in ADHD, Autism  
Spectrum Disorders, & Learning  
Disabilities*

1404 Sweet Home Road  
Amherst, NY 14228

**Phone:** (716)259-2343

**Web:** [www.dr@drriotta.com](http://www.dr@drriotta.com)

### **Rachael Smith-Sponholz, Ph.D**

450 Central Avenue, Suite 201  
Lancaster, NY 14086

**Phone:** (716)253-1942

**Web:** [www.rsmithphd.com](http://www.rsmithphd.com)

**Email:** [drachael@rsmithphd.com](mailto:drachael@rsmithphd.com)

*\*Accepted Insurances: Blue  
Cross/Blue Shield, Non-Medicaid  
Independent Health, Univera, Empire  
Plan*

### **The Summit Center**

Behavioral Pediatrics Clinic  
75 Pineview Drive, Suite 200

Amherst, NY 14228

**Phone:** (716)629-3400

**Web:** [www.thesummitcenter.org](http://www.thesummitcenter.org)

*\*Most services are covered through  
private insurance. Private pay rates  
available.*

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## **Toni Torchia PhD**

6265 Sheridan Dr. Suite 122  
Williamsville, NY 14221  
**Phone:** 716-204-5552 ext 432  
<http://www.counselorscorner.net/>

## **Tracy Welchoff, PhD**

*\*Specializes in eating disorders*  
2430 North Forest Road  
Amherst, NY 14068

**Phone:** (716)688-5372

**Web:** <https://www.narinsedc.com/>

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## [Social Workers & Licensed Mental Health Counselors](#)

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## **Colleen Edwards, LCSW-R**

2341 Bowen Road  
Elma, NY 14059  
**Phone:** (716)863-8627

## **Kelly Grimaldi**

465 Payne Avenue  
North Tonawanda, NY 14120  
**Phone:** (716)694-7749

## **Julie Gutowski, LMHC**

252 Center Road  
West Seneca, NY 14224  
(716) 309-4355

## **Emily Higgins, LMHC**

6368 West Quaker Street  
Orchard Park, NY 14127  
(716) 589-4426  
<https://headway.co/providers/emily-higgins>

## **Laurie Krull, LCSW-R**

Stonelea Family Counseling  
908 Niagara Falls Boulevard, Suite  
238  
North Tonawanda, NY 14120  
**Phone:** (716)390-6095

## **Kathleen S. Kubera LCSW**

Southtowns Wellness lcsw pllc  
Hamburg, NY 14075  
(716) 745-4047

## **Jennifer Nahrebeski, LMHC**

1500 Union Rd. Suite 202  
West Seneca, NY 14224  
**Phone:** (716) 432-3656

**Web:** <https://counselorj.com/>

## **Anne Petti, LCSW**

300 Center Road  
West Seneca, NY 14224  
(716) 457-7951

## **Andrea Pierce, LMHC**

300 Center Road  
West Seneca, NY 14224  
(716) 466-9320

## **Kim Rogers, LMHC**

1293 Union Road  
West Seneca, NY 14224  
(716) 253-6439

## **Jacob Schwartz, LMHC, EMDR**

Schwartz Counseling, Inc  
1404 Sweet Home Road  
Suite 2  
Amherst, New York 14228  
**Phone:** (716) 458-9116

## **Gail Sunshine-May, LCSW-R**

Stonelea Family Counseling  
908 Niagara Falls Boulevard, Suite  
238  
North Tonawanda, NY 14120  
**Phone:** (716)517-4283

## **Sandra Swartwout, LMHC, MSed**

West Seneca, NY 14224  
(585) 714-9336

## **Andrew Wilton**

4184 Seneca Street Suite 211  
West Seneca, NY 14224  
[andrewwiltonlcsw@protonmail.com](mailto:andrewwiltonlcsw@protonmail.com)  
(716) 222-9066  
[www.andrewwiltonlcsw.com](http://www.andrewwiltonlcsw.com)

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## [Play Therapy](#)

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## **Healing Hearts Counseling Center/Counseling & Play therapy**

2478 George Urban Boulevard  
Depew, NY 14043  
**Phone:** 716-601-6220

## **Marcella Moslow, LCSW, RPT**

474 Niagara Falls Blvd Ste 5  
Tonawanda, NY 14223  
[marcella.moslow@gmail.com](mailto:marcella.moslow@gmail.com)  
**Phone:** 716-867-5027

## **Doreen Nuessle, LCSWR**

3959 North Buffalo Road  
Orchard Park, NY 14127  
(716) 247-5451

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## [Substance Abuse](#)

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## **24 Hour Addiction Hotline (Erie County)**

**Phone:** 716-831-7007

## **Alcoholics Anonymous**

(Erie County)

**Phone:** (716) 853-0388

**Web:** <https://buffaloaany.org/>

## **AI-Anon**

**Phone:** (716) 853-2520

**Web:** [www.aiswny.org](http://www.aiswny.org)

## **Beacon Center**

3354 Sheridan Drive  
Amherst, NY 14226

**Phone:** (716)831-1937

**Web:** [www.beaconcenter.net](http://www.beaconcenter.net)

## **BryLin**

531 Farber Lakes Drive  
Williamsville, NY 14221

**Phone:** (716)633-1927

**Web:** [www.brylin.com](http://www.brylin.com)

*\*Medicaid and most insurances  
accepted*

## **Horizon Health Services**

Orchard Park Family Recovery Center  
3345 Southwestern Boulevard Suite  
100

Orchard Park, NY 14127

*\*see web for other locations\**

**Phone:** (716)-662-6802

**Web:** <https://www.horizon-health.org/>

## **Narcotics Anonymous**

**Web:** [www.nawny.org](http://www.nawny.org)

## **Narcotics Anon Family Group**

**Web:** [www.nar-anon.org](http://www.nar-anon.org)

## **Renaissance House (Inpatient)**

920 Harlem Road  
West Seneca, NY 14224

**Phone:** (716)827-9462

**Web:** [www.ked.org](http://www.ked.org)

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## **Suicide Hotlines**

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National Hotline: 1-800-273-8255

Erie County Suicide Prevention Hotline: (716)-834-3131

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## **Hotlines in Crisis: Erie County**

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24 Hours Suicide Prevention Hotline for Erie County  
(mental health mobile response team for adults)  
**Phone:** (716) 834-3131

Under Age 18 in Crisis- Kids Helpline  
**Phone:** (716) 834-1144

24 Hour Addiction Hotline for Erie County:  
**Phone:** (716) 831-7007

Spectrum C.A.R.E.S.:  
(\*Under 18 in Crisis for Erie County- Mental Health Mobile Response Team)  
**Phone:**(716) 882-4357

24 Hour Erie County Domestic Violence Hotline  
**Phone:** (716) 862-HELP (4357)  
**For Shelter:** (716-884-6000)

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## **Hotlines in Crisis: National**

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Mandated Reporter Hotline:  
1-800-635-1522

Child Abuse Community Hotline:  
1-800-342-3720

Child Abuse National Hotline:  
1-800-422-4453

National Runaway Safeline:  
1-800-786-2929

National Suicide Prevention Hotline:  
1-800-273-8255

Crisis Text Hotline  
Text HOME to 741-741

Trans Lifeline  
(national crisis hotline for the trans community- all operators are transgender)  
1- 877- 565-8860

The Trevor Project Lifeline  
(Crisis line for LGBTQ youth under 25)  
1-866-488-7286

National Sexual Assault Hotline  
Operated by RAINN  
1-800-656-HOPE(4673)